

## For Immediate Release

## Safe Sitter® program provides babysitting dos and don'ts HMH offers class to help prevent emergencies

**HUNTSVILLE, TEXAS (October 14, 2009)** – Huntsville Memorial Hospital (HMH) is offering a <u>Safe</u> <u>Sitter®</u> class from 10 a.m.-3 p.m. on Saturday, October 17 at Fire Station #1 on Veteran's Memorial Boulevard. To register for the event, visit <u>www.huntsvillememorial.com</u>.

Founded by <u>Patricia A. Keener, M.D.</u> in 1980, Safe Sitter® is a medically accurate babysitting training program designed for young adolescents (no younger than 11). Safe Sitter's® mission is to prepare young adolescents for the profound responsibilities of nurturing and protecting children.

"HMH's goal is to bring quality education to the community," said Sally Nelson, HMH CEO. "As more youth are educated about caring for children, potential hazards will be recognized and fewer accidents will happen."

More than 500,000 adolescents have learned this life-saving curriculum at 900 teaching sites across the U.S. and England.

Safe Sitter® is a medically accurate, competency-based, highly structured babysitting preparation course designed for young adolescents. The curriculum is written by Keener.

Safe Sitter® Basic is a six and a half-hour essential curriculum designed for busy schedules. It includes Babysitting as a Business, Success on the Job, Child Care Essentials, Safety for the Sitter, Injury Management, Preventing Problem Behavior, Care of a Choking Infant and Care of a Choking Child. The class also introduces Preventing Injuries and Behavior Management.

This event is part of Huntsville Memorial's ongoing commitment to the community to provide the latest information on health issues with a practical, caring approach. It is HMH's goal to better inform individuals on how to lead healthier lifestyles. For registration information, contact <a href="https://www.huntsvillememorial.com">www.huntsvillememorial.com</a> or Peggy McLeod at 936.291.4529.

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## **About Huntsville Memorial Hospital**

Since 1927, Huntsville Memorial Hospital has provided benevolent and charitable health care services, setting the standard for quality, proficient health care for the residents of Walker County and the surrounding communities. At Huntsville Memorial, we have great people who are

passionate about your health. We have outstanding physicians, motivated leadership, and compassionate staff. We are your friends and neighbors – dedicated to excellence in everything we do – right here at home.

## **Media Contact**

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