Huntsville Memorial Hospital



A Patient's Guide to InPatient Rehabilitation Unit

The Acute Inpatient Rehabilitation Unit is a dedicated, licensed facility within Huntsville Memorial Hospital, offering a thorough and interdisciplinary approach to rehabilitation to maximize recovery after an injury or illness.

We provide personalized, comprehensive rehabilitation care to patients recovering from, but not limited to:

- Brain Injury
- Multiple Trauma
- Orthopedic Trauma or Surgery

- Stroke
- Neurological Disease
- Neurological Disorders or Surgery

Professional clinical skills, personal trust and plenty of hard work combine to produce significant patient satisfaction and results, often exceeding national outcome standards in key areas of length of stay, improvement in function and discharge home. Huntsville Memorial Hospital's Inpatient Rehabilitation Unit provides intensive therapy programs, rehabilitation physician and nursing services that address your individual needs.

Important Information:

Our Rehabilitation Team

- Rehabilitation Physician
- Rehabilitation Nurses
- Physical Therapists
- Occupational Therapists
- Speech Pathologists
- Medical Social Workers
- Case Manager
- Recreational Therapists

Discharge Planning

Discharge planning begins at admission, and the case manager or social worker will assist you and your family with all discharge needs, including ordering of equipment and providing referrals to home care, outpatient therapy or community services.

Referral to Acute Rehabilitation

Upon physician request, the Program Manager will evaluate your rehabilitation needs and address the requirements for admission. This includes coordinating insurance verification and providing you and your family with information about the Rehabilitation Unit. The Program Manager may be reached at (936) 435-7529. The Acute Rehabilitation Unit may be reached at (936) 435-7522.

Treatment Plan

The Inpatient Rehabilitation Unit offers a caring and safe environment in which patients and their caregivers learn to manage impairments affecting self-care, mobility, communication, cognitive skills, and other activities of daily living. A multidisciplinary team of physicians, nurses, social workers, and therapists assess the needs of the patient and establish the treatment plan and goals. A daily treatment schedule is set up based on the individual needs and goals, and practiced throughout the day with all members of the team.

Visitors

Your family and caregivers are encouraged to participate with you in the rehabilitation process. Please check with the treatment team to participate or observe a treatment session. Be advised that some restrictions to visitation may apply depending on the injury or illness of our patients. Other visitors are welcome to come for brief periods in the evening or weekends.

What to Bring

During the day our patients wear street clothes. Clothing should be marked with your name using a permanent marker. Suggested items to bring include:

- Three changes of comfortable clothing
- Sturdy, low-heeled shoes
- Robe and nightclothes
- · Jacket or sweater
- Undergarments



For more information, please call (936) 435-7522.